

Rockland County Al-Anon Virtual Meetings				
DAY	TIME	GROUP	ZOOM LINK	GROUP EMAIL
SUNDAY	10:15 AM	Care & Share AFG - Discussion	http://us04web.zoom.us/j/613521974 passcode: sundayam	
MONDAY	9:30 AM	Monday Morning Hope AFG - Beginners Welcome	https://us02web.zoom.us/j/5069442841?pwd=NURyYWM2SXd6engycTRhOE4xc3pUQT09	mondayampomonahopeafg@gmail.com
MONDAY	7:15 PM	Nyack Al-Anon AFG Alateen - Beginners, Step, Discussion	https://us02web.zoom.us/j/86763967470	nyackmondaynightafg@gmail.com
MONDAY	7:30 PM	Monday Suffern AFG 7:30 PM Beginners Meeting	https://us02web.zoom.us/j/807708066	mondaynightsuffernafg@gmail.com
MONDAY	8:00 PM	Monday Suffern AFG - Discussion	https://us02web.zoom.us/j/807708066	mondaynightsuffernafg@gmail.com
TUESDAY	7:00 PM	No Nonsense Recovery AFG - Beginners Welcome	https://us04web.zoom.us/j/6808820431	nyacktuesdaynightafg@gmail.com
WEDNESDAY	7:30 PM	NEW ZOOM MEETING - Step 11 Literature Study with a Focus on Meditation	https://us02web.zoom.us/j/81688998140 passcode: 923176	
THURSDAY	6:30 PM	Al-Anon Parents East AFG	https://us02web.zoom.us/j/2322830803	
THURSDAY	7:30 PM	Suffern Al-Anon AFG - Beginners Welcome	https://us02web.zoom.us/j/85170314257?pwd=MXh6ZnVEZEIXTnpnd3ppMFFjMWY5QT09	suffernthursdaynight@gmail.com
SATURDAY	9:30 AM	Saturday Morning Al-Anon Adult Child AFG - Steps	https://us02web.zoom.us/j/821839022	pearlriversaturdaymorning@gmail.com
SATURDAY	10:45 AM	Saturday Morning Al-Anon Adult Child AFG - Discussion	https://us02web.zoom.us/j/821839022	pearlriversaturdaymorning@gmail.com
Al-Anon meetings are CLOSED meetings (for anyone affected by someone else's drinking). OPEN meetings may be attended by students, professionals, other family members, etc.				
Meeting list last updated on 8-8-2020.				